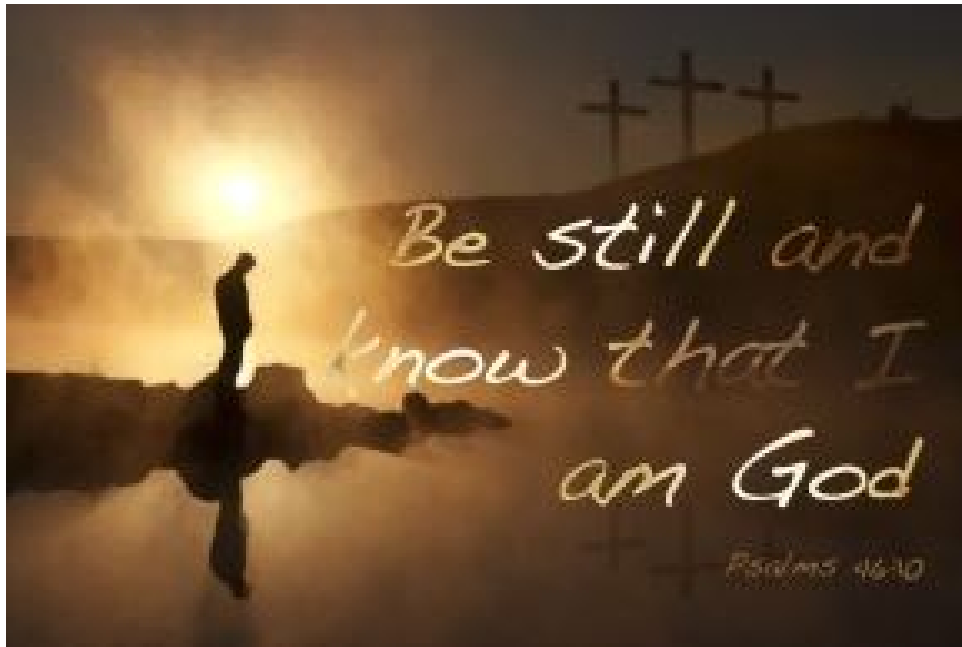


Centering Prayer



- **Amidst the crazy schedules of life, do you long for quiet time in prayer?**
- Whether you are new to Centering Prayer or not, please join us for the practice of contemplative prayer, where in each session, Jay Landry will describe **Centering Prayer** and we will practice it.
- **In Centering Prayer, we allow the mystery that is God to gently embrace us, so that we rest in God, which allows us to live into our True Self.**
- **Tuesdays at 10:00 a.m. or 5:30 p.m. Starting Tuesday, March 12.**
The sessions will last about 40 minutes or less. You do not have to attend every session to attend some of them.
- Trinity Chapel at St. Catherine of Siena Catholic Church (1150 W Centre, Portage, MI, 49024)